

OVERVIEW OF THE THREE YEAR PLAN

Starting with Child and Youth Mental Health

Our Vision:

An Ontario in which children and youth mental health is recognized as a key determinant of overall health and well-being, and where children and youth reach their full potential.

THEMES

Provide fast access to high quality service
 Kids and families will know where to go to get what they need and services will be available to respond in a timely way.

Identify and intervene in kids' mental health needs early
 Professionals in community-based child and youth mental health agencies and teachers will learn how to identify and respond to the mental health needs of kids.

Close critical service gaps for vulnerable kids, kids in key transitions, and those in remote communities
 Kids will receive the type of specialized service they need and it will be culturally appropriate

INDICATORS

- Reduced child and youth suicides/suicide attempts
- Educational progress (EQAO)
- Fewer school suspensions and/or expulsions
- **Higher graduation rates**
- More professionals trained to identify kids' mental health needs
- Higher parent satisfaction in services received
- Decrease in severity of mental health issues through treatment
- Decrease in inpatient admission rates for child and youth mental health
- **Fewer hospital (ER) admissions and readmissions for child and youth mental health**
- **Reduced Wait Times**

INITIATIVES

Improve public access to service information	Pilot Family Support Navigator model Y1 pilot	Implement <i>Working Together for Kids' Mental Health</i>	Implement standardized tools for outcomes and needs assessment	Enhance and expand Telepsychiatry model and services	Provide support at key transition points
Funding to increase supply of child and youth mental health professionals	Increase Youth Mental Health Court Workers	Amend education curriculum to cover mental health promotion and address stigma	Develop K-12 resource guide for educators	Hire new Aboriginal workers Implement Aboriginal Mental Health Worker Training Program	Improve service coordination for high needs kids, youth and families
Reduce wait times for service, revise service contracting, standards, and reporting	Outcomes, indicators and development of scorecard	Implement school mental health ASSIST program and mental health literacy provincially	Provide designated mental health workers in schools	Expand inpatient/outpatient services for child and youth eating disorders	Hire Nurse Practitioners for eating disorders program
		Implement Mental Health Leaders in selected School Boards	Provide nurses in schools to support mental health services	Create 18 service collaboratives	Plan/Evaluation